
Granville

Catholic Church Record

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28th Sunday in Ordinary Time, Year C

The Official Bulletin of Holy Cross Parish

A Guide to Prayer with St. Teresa of Ávila

Do you ever feel like your prayer life is stuck in a rut? Perhaps you say the same words every day, but they feel empty. Maybe you get distracted by your to-do list, or you feel like you're just talking to the ceiling. If so, you're not alone. The great news is that the Church gives us a wise guide for this very struggle: St. Teresa of Ávila, whose feast day we celebrate on 15th October. St. Teresa was a Spanish nun who lived in the 16th century and is proclaimed as a Doctor of the Church, a title given to saints who have made a significant contribution to theology. Her expertise was the interior life, and she taught a simple yet profound truth: prayer is not a chore, but a friendship. She gave us this timeless definition: "Mental prayer is nothing else than a close sharing between friends; it means taking time frequently to be alone with Him who we know loves us." This beautiful idea holds the key to transforming our spiritual life.

Think about your closest friends. Your relationship isn't built on formally reading a list of requests to them. It's built on shared time, conversation, listening, and simply

being in each other's company. St. Teresa tells us that this is exactly what God wants from us. He doesn't just want our petitions; He wants our hearts. He wants to hear about our day, our joys, our worries, and our struggles. Prayer is the time we set aside to nurture this divine friendship. Of course, every friendship needs time to grow. We can't expect to have a deep friendship with someone we only speak to once a week. In the same way, our relationship with God deepens when we make time for Him frequently. This doesn't have to be a full hour every day. It could be five minutes in the car before work, a decade of the Rosary on your lunch break, or a few quiet moments with a crucifix before you go to sleep. The frequency matters more than the length, because it is in regularly turning to Him that we show where our heart lies.

The most important part to remember is that we are praying "with Him who we know loves us." We are not speaking to a distant, demanding ruler. We are speaking with Our Lord, who loved us so much He lay down His life for us. He is always there, eager to listen.



When we remember that we are in the presence of someone who loves us infinitely, it changes everything. It turns prayer into a daily delight. Of course, some days will be difficult. Our minds will wander, and we may feel dry and empty. St. Teresa was very realistic about this. Her advice? Be determined. Never give up your time for prayer. Even when it feels like nothing is happening, your faithfulness in showing up is a powerful act of love that greatly pleases God. When you get distracted, simply and gently turn your mind back to Him.

Let us ask St. Teresa of Ávila to intercede for us. May she help us move beyond seeing prayer as a task and rediscover it for what it truly is: a loving friendship with the God who created us, redeems us, and waits for us.

St. Teresa of Ávila, pray for us.

THE PARISH OFFICE

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Tuesday to Friday 9:00 a.m. to 4:00 p.m.

Parish Administrator

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Assistant Priest

Rev. Fr. Joseph Nguyen

Business and Projects Manager

John Portelli

Sacraments and Youth Co-ordinator

Rosette Chidiac

Catechist Co-ordinator

Lana Leatherby

Piety Shop

Claudette Takchi and Annette Wirz

Holy Family Primary School

T (02) 8633-8200

Holy Trinity Primary School

T (02) 8633-8500

Delany College

T (02) 8633-8100

DONATIONS

BSB: 067-950

Account: 00007247

Name: Granville Catholic Parish

HOLY FAMILY CHURCH

Holy Mass

Tuesday, 9:15 a.m.

Wednesday, 6:00 p.m.

Thursday, 9:15 a.m.

Friday, 9:15 a.m.

Saturday, 9:15 a.m. and 4:30 p.m.

Sunday, 8:30 a.m. and 5:00 p.m.

Confessions

Wednesday, 6:30 p.m. to 7:00 p.m.

Sunday, 4:15 p.m. to 4:45 p.m.

Adoration of the Blessed Sacrament

Wednesday, 6:30 p.m.

Nigerian Community Mass

Second and fourth Sunday of the month,
11:00 a.m.

Rosters

Church and Toilets Cleaning

Volunteers Needed

Flower Arranging

Ana Brown, Latu Manu

SOCIAL MEDIA



holycrossgranville.org.au



HolyCrossGranville



Holy Cross Parish App



@holycrossgranville

HOLY TRINITY CHURCH

Holy Mass

Tuesday, 6:30 p.m.

Wednesday, 8:15 a.m.

Thursday, 8:15 a.m.

Friday, 8:15 a.m.

Saturday, 8:15 a.m. and 6:00 p.m.

Sunday, 10:00 a.m.

Confessions

Saturday, 5:00 p.m. to 5:45 p.m.

Holy Mass and Adoration of the Blessed Sacrament

First Friday of the month, 7:00 p.m.

Holy Mass in Latin

First Thursday of the month, 6:00p.m.

Ghanaian Chaplaincy Mass

Second and last Sunday of the month,
11:30 a.m.

Vietnamese Chaplaincy Mass

Sunday, 5:00 p.m.

Rosters

Church Cleaning Group 3:

Vietnamese Community

Readers

Vigil Ingrid Bifulco, Racquel La Rosa,
Katherine Jenner

10:00 a.m. Sisters, Mary Georges,
Jasmine Miranda

Children's Liturgy

Wanda Krasinski and Chloe Zaiter

PRAYERS FOR THE SICK

Joseph Akkary, Janelle Allan, John Anjoul, Marlene Ashton,
John Augustus, Frank Azzopardi, Lorraine Azzopardi,
Antonio Bifulco, Ann Blesson, John Borg, Vincenzo
Colosimo, Lucy Farrugia, Carmel Galea, Carmello
Giovenco, Evangeline Grabato, Thomas Hayek, Elizabeth
Hicks, Peter Higgins, Therese Khalil, Kay King, Agnes Le,
Fortunato La Macchia, Silvio La Macchia, Jacob Lee,
Josephine Magro, Sid Morgan, Scott Moulton, Ben Nursoo,
Sarah-Joy O'Connor, Don Provest, Ricardo Tognini,
Lorraine Vella, Sam Wardan, Gerard Watts.



*Lord Jesus Christ, our Redeemer,
by the grace of your Holy Spirit
cure the weaknesses of your servants,
and mercifully restore them to full health.*

IN MEMORIAM

Victor Azzopardi, Joseph Baini, Engedi Brown, Jim Brown, Dick
Cahill, Gwen Cahill, Vincent Cahill, Albert Camilleri, Les
Camilleri, Tessie Camilleri, Francis Reis Contreras, Joseph
Cunmao Chen, Jamil Chidiac, Maria Dinh, Maria Vu Thi Duyen,
John Dover, Joe Paul Fehir, Estrella Francisco, Alan Frost, Carmen
Galea, Maria Gambin, John Graham, Joe Grech, Mary Grech,
Sam Grech, Melissa Irons, Salim Karaki, Chini Maya Kc, Nouhad
Khoury, Thomas Lam, Rustica La Rosa, Laurie Lowe, Frouzine
Malkoun, Jacob Malkoun, Mouna Malkoun, Ofimia Malkoun,
Peter Michael, Karime Michael, Tony Michael, Madalena
Michael, Nancy McIntyre, Santo Mondello, Kudzai Gerald
Mutongerwa, Anthony Newell, Jessica Nguyen, Vincent Nguyen,
Michael O'Brien, Zackary Orenshaw, Samuel Pickering, Robert
Pidgeon, Anna Pham, Flory Pinto, Peter Robertson, Saliba family,
Geoff Senior, Garry Smith, Carlito So, Noel So, Emanuel Tabone,
Alex Taktak, John Toye, John Vella, Peter Van Duc Vu, Graham
Wales, Carmel Watts, Phyllis Webb, Mershed Wehbe, Yesmine
Wehbe, Dennis Wilson, William Yott, Dib Zaiter, Laila Zaiter.



Important Notice Regarding Receiving Holy Communion

There has been an unfortunate increase in Sacred Hosts being dropped when receiving Holy Communion. Whilst these are accidents, we all have a responsibility to ensure that the Sacred Host—the Body and Blood, Soul and Divinity of Our Lord, Jesus Christ—is guarded and protected.

When receiving Holy Communion, please do not step to the side to consume the Sacred Host, and under no circumstances, turn away from facing the altar before you consume the Sacred Host. Please ensure that you consume the Sacred Host whilst still facing the altar and the Priest or the Extraordinary Minister.



2026 Columban Calendars on Sale Now

The 2026 Columban Calendars are now on sale in the Piety Shops at both churches for \$11.00.

This Calendar is well-known for its traditional religious paintings and liturgical information and is a major fundraiser for Columban Missionaries. The 2026 copy marks the 104th edition of its publishing.

Funds raised help the St. Columbans Mission Society continue their work in the fifteen countries they serve. Through education, pastoral care and essential aid, your continued support transforms lives and brings Christ's love to the most vulnerable.

Become a Parish Volunteer

We're always grateful for the dedication of our volunteers, and encourage others to come forward and get involved.

If you have a passion for service and some time to offer, consider joining one of our many parish ministries. There are opportunities for all ages to join in and take part in the life of the parish.

Please be aware that some volunteer positions will require a Working With Children Check. Completion of safeguarding training is also required, and assistance will be available if required.

For more information on how you can become a volunteer, contact the parish office, or visit the parish website's 'ministries' section.



Volunteer Cleaners Needed for Holy Family Church

Our parish churches are more than a building; they are sacred places where we gather as a family to worship God and receive the Sacraments. It is our spiritual home, and like any home, it needs to be cared for.

We are seeking volunteers to form new cleaning groups that will assist with the care of our church once a month. This is a chance to give back to God and our community by helping to keep His house clean all who enter.

This is a true act of service, and we ask you to consider sharing your time and talent with others who already generously serve the parish.

If you are in a position to assist, please contact the parish office.

Holy Mass for HSC Students at Holy Trinity Church

Please join us for Holy Mass this Sunday for the intentions of all students that will be commencing their HSC examinations later this month.

This Mass will be offered at 10:00a.m. on Sunday, 12th October at Holy Trinity Church.

We especially encourage all HSC students and their families to come and pray for God's grace, clarity of mind, strength, and peace as they prepare for this challenging time. Let us entrust their efforts and hard work to the care of Our Lord and His Blessed Mother.

Online Donations in Support of the Parish

Online donations can be made through the Holy Cross Parish website (holycrossgranville.org.au) using our BPoint facility by visiting the website or scanning the QR code below. This can be used to make a single donation or, for those who are part of the planned giving programme, to make your contribution.

Thank you to all those who regularly support the parish by your contributions. Whether through the planned giving programme and your envelopes or through the second collection. Your regular support of the parish is greatly appreciated and is of tremendous assistance to the parish in undertaking our works.





The Sorrowful Mysteries

The Way of the Cross and a Lesson in Patience

Having basked in the gentle light of the Incarnation, the Rosary now leads us with solemn steps into the profound darkness of the Sorrowful Mysteries. These five mysteries constitute the heart of our Redemption, demanding that we pause and contemplate the immense suffering Our Lord voluntarily underwent to purchase our salvation. To pray the Sorrowful Mysteries is to follow our Lord on the Via Crucis, learning the indispensable virtues of penance, patience, and fortitude - virtues that are the very measure of Christian discipleship.

The spiritual reflection begins in the haunting silence of the **Agony in the Garden**. Kneeling amongst the olive trees, Our Lord, in His perfect human nature, faces the terrifying torrent of all the anguish of this vision. Yet, in His struggle, He gives us the perfect prayer: "Not My Will, but Thine be done." This demands of us the grace of contrition - not merely regret for the consequences of our sins, but a burning sorrow that they have wounded God. We must learn from Him to accept the Will of God without reserve, especially when our own lives are beset by confusion, pain, or suffering.

The contemplation shifts abruptly to the appalling brutality of the **Scourging at the Pillar**. Our Lord is stripped and subjected to a barbaric

whipping, enduring unimaginable physical torment. This horrific scourging was borne for the sins of the flesh: our lust, our gluttony, and our endless appetites for sensual pleasure. He pays the price for every indulgence and impurity that pollutes the human heart. This mystery compels us to see the virtue of purity and the discipline of mortification - the necessary training of the body and the senses. It reminds us that our bodies are temples of the Holy Spirit, demanding respect, and that true spiritual freedom often comes through voluntary self-denial.

Next, the **Crowning with Thorns** presents Our Saviour as an object of vicious mockery. They press a crown of thorns onto His Sacred Head, not for His sins, but for our own pride, our obsession with appearance, and our pursuit of worldly honour. This profound humiliation teaches us the virtue of contempt of the world and its false values. It challenges our culture's constant need for validation and status. We must pray for moral courage to uphold the truth of the Catholic Faith, even when it means facing scorn, isolation, or ridicule. Our only concern must be the honour of God, not our own reputation among men.

We then follow Our Lord on the crushing road of the **Carrying of the Cross**. Weakened and bloodied, He

stumbles beneath the heavy wood, carrying the collective weight of our sins of weakness, laziness, and despair. This is the great spiritual lesson of patience. Every single Catholic is given a cross - a personal burden, a recurring difficulty, an unexpected affliction. This mystery teaches us not to resent these crosses, but to embrace them, uniting them with His, knowing that our own small suffering, when offered up, becomes a participation in His vast, redemptive work.

The series culminates in the horrific yet glorious moment of the **Crucifixion and Death of Our Lord**. We stand with the Blessed Mother, the Mater Dolorosa, at the foot of the Cross, witnessing the infinite act of love that paid the debt of our sins. Here, we receive the final graces of perseverance to the end and universal mercy, as Christ forgives His executioners. This act must centre our entire spiritual life. It is the guarantee that no sin is too great for His forgiveness, provided we approach Him with broken and contrite heart. We must resolve to remain faithful to the end, never taking this sacrifice for granted.

May the reflection on these Sorrowful Mysteries grant us a profound detestation of Sin and the heroic fortitude to walk the path of the Cross alongside our Saviour and His Sorrowful Mother.



HAVE YOU DOWNLOADED THE HOLY CROSS PARISH APP?

The Holy Cross Parish app is just another way of keeping updated on everything that takes place in the parish!

In addition to finding available Mass, Confession and Adoration times available in the parish, the app also has some great tools such as prayers, daily reflections, audio bible, news feeds, and homilies which are published weekly.

You can also find links to popular catholic podcasts, such as Dr. Taylor Marshall, Fr. Mike Schmitz and updated news from outlets such as the Catholic Weekly.

Once you have downloaded the app to your phone or device, simply click on the 'myparishapp' button, click on "find a parish" and type in "Holy Cross Parish"

Search for 'myparish' on the App Store or Google Play to download the app today!

H O L Y C R O S S P A R I S H



Mass for **HSC STUDENTS**



Join us in praying for those
young men and women
undertaking their HSC
Exams

12 OCTOBER

AT 10:00 AM

Holy Trinity Church, Granville



@HOLYCROSSGRANVILLE

Saints & STUFF

St. Dominic of Prussia

St. Dominic of Prussia (1382–1460), a dedicated Carthusian monk, played a pivotal, though often unrecognised, role in the evolution of the Rosary.

While many know St. Dominic de Guzmán popularised the initial structure of 150 prayers, it was St. Dominic of Prussia who transformed it into a deep contemplative devotion. Around 1409, he conceived of adding short, reflective phrases—or "clauses"—after the name of Jesus in each Hail Mary.

These phrases, which recalled key events in the lives of Jesus and Mary, turned the prayer from a simple repetitive count into a guided meditation on the Gospels. He dubbed this version the "Life of Jesus Rosary." His superior promoted the practice, ensuring its spread throughout Carthusian and Benedictine communities.

This innovative structure, focused on meditating upon the mysteries of salvation, became the blueprint for the Joyful, Sorrowful, Glorious, and later, Luminous Mysteries adopted by the wider Church. St. Dominic of Prussia's contribution is a profound example of how spiritual ingenuity shaped one of Catholicism's most cherished devotions.

CATECHISM of the CATHOLIC CHURCH

Indulgences

1473 The forgiveness of sin and restoration of communion with God entail the remission of the eternal punishment of sin, but temporal punishment of sin remains. While patiently bearing sufferings and trials of all kinds and, when the day comes, serenely facing death, the Christian must strive to accept this temporal punishment of sin as a grace...striving through works of mercy, charity, prayer and practices of penance.

1474 The Christian who seeks to purify himself of his sin and to become holy with the help of God's grace is not alone. The life of each of God's children is joined in Christ and through Christ in a wonderful way to the life of all the other Christian brethren in the supernatural unity of the Mystical Body of Christ, as in a single mystical person.

1475 In the communion of saints, a perennial link of charity exists between the faithful who have already reached their heavenly home, those who are expiating their sins in purgatory and those who are still pilgrims on earth. Between them there is, too, an abundant exchange of all good things...Thus recourse to the communion of saints lets the contrite sinner be more promptly and efficaciously purified of the punishments for sin.

CATHOLIC Trivia

Gregorian Chant

Gregorian Chant is the ancient, sole music of the Roman Rite, named for Pope St. Gregory the Great (c. 540–604 A.D.), who is traditionally credited with organising and compiling the vast repertoire of plainchant. Characterised by its single-line melody, unmetered rhythm, and Latin text, it has been the universal voice of the Church's prayer for over a millennium. It is inherently contemplative, designed to elevate the mind to God and remove worldly distractions, making it the supreme form of sacred music.

The Second Vatican Council affirmed the enduring importance of chant. While the Council introduced the use of vernacular languages and welcomed other forms of sacred music into the Mass, it explicitly stated in its Constitution on the Sacred Liturgy, *Sacrosanctum Concilium* (116), that Gregorian Chant should be given "pride of place" in liturgical services.

Therefore, in the contemporary Catholic Church, chant remains the model and inspiration for all other sacred music due to its inherent sanctity and universality. It continues to be actively encouraged for use in both its original Latin form and in modern translations, ensuring this beautiful, prayerful heritage remains a vital and celebrated part of Catholic worship today.

MT
V C A L S

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The Readings

Introit
(Psalm 129:3-4)

If you, O Lord, should mark iniquities,
Lord, who could stand?
But with you is found forgiveness,
O God of Israel.

First Reading
The Second Book of the Kings
(2 Kings 5:14-17)

Naaman the leper went down and immersed himself seven times in the Jordan, as Elisha had told him to do. And his flesh became clean once more like the flesh of a little child.

Returning to Elisha with his whole escort, he went in and stood before him. 'Now I know' he said, 'that there is no God in all the earth except in Israel. Now, please, accept a present from your servant.' But Elisha replied, 'As the Lord lives, whom I serve, I will accept nothing.' Naaman pressed him to accept, but he refused. Then Naaman said, 'Since your answer is "No," allow your servant to be given as much earth as two mules may carry, because your servant will no longer offer holocaust or sacrifice to any god except the Lord.'

Responsorial Psalm
Ps 97:1-4. R. see v.2

℟. The Lord has revealed to the nations his saving power.

Sing a new song to the Lord
for he has worked wonders.
His right hand and his holy arm
have brought salvation. ℟.

The Lord has made known his salvation;
has shown his justice to the nations.
He has remembered his truth and love
for the house of Israel. ℟.

All the ends of the earth have seen
the salvation of our God.
Shout to the Lord all the earth,
ring out your joy. ℟.

Second Reading
Second Letter of St. Paul to Timothy
(2 Timothy 2:8-13)

Remember the Good News that I carry. 'Jesus Christ risen from the dead, sprung from the race of David'; it is on account of this that I have my own hardships to bear, even to being chained like a criminal – but they cannot chain up God's news. So I bear it all for the sake of those who are chosen, so that in the end they may have the salvation that is in Christ Jesus and the eternal glory that comes with it.

Here is a saying that you can rely on:
If we have died with him, then we shall live with him.
If we hold firm, then we shall reign with him.
If we disown him, then he will disown us.
We may be unfaithful, but he is always faithful,
for he cannot disown his own self.

Gospel Acclamation
(1 Thessalonians 5:18)

Alleluia, alleluia!
For all things give thanks to God,
because this is what he expects of you in Christ Jesus.
Alleluia!

Gospel
The Gospel of St. Luke
(Luke 17:11-19)

On the way to Jerusalem Jesus travelled along the border between Samaria and Galilee. As he entered one of the villages, ten lepers came to meet him. They stood some way off and called to him, 'Jesus! Master! Take pity on us.' When he saw them he said, 'Go and show yourselves to the priests.' Now as they were going away they were cleansed. Finding himself cured, one of them turned back praising God at the top of his voice and threw himself at the feet of Jesus and thanked him. The man was a Samaritan. This made Jesus say, 'Were not all ten made clean? The other nine, where are they? It seems that no one has come back to give praise to God, except this foreigner.' And he said to the man, 'Stand up and go on your way. Your faith has saved you.'

Communio
(Cf Psalm 33:11)

The rich suffer want and go hungry,
but those who seek the Lord lack no blessing.