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# Granville

## Catholic Church Record

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Vol. 9. No. 3

January 21, 2024

3rd Sunday in Ordinary Time, Year B

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The Official Bulletin of Holy Cross Parish

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Since A.D. 1844 Australia has been placed under the protection of the Blessed Virgin Mary, Our Lady, Help of Christians. The early Church in Australia had a special reason for turning to Our Lady. No Priests were sent to the colony in its early years and Holy Mass was not allowed, except for one brief year, until A.D. 1820. So it was the holy Rosary that the faithful turned to nurture their souls and to keep the faith alive. Australia was the first nation to declare the Blessed Virgin Mary under the title of Our Lady, Help of Christians as patroness. When Fr. John Therry arrived in Sydney in A.D. 1820 he assumed responsibility for the planning and construction of Australia's first cathedral, who dedicated the mother church of the nation to Our Lady, Help of Christians. So on this Australia Day weekend let us implore the intercession of our national patroness that under the protection of her mantle Australia may know peace and prosperity. And let us pray that the Church in Australia may be safeguarded against all attacks that seek to undermine and to destroy the integrity of our holy faith so that the faithful may know freedom of religion and the protection of our tradition.

May almighty God, deepen in our hearts our love of Mary, Help of Christians. Through her prayers and under her protection, may the light of Christ shine over our land. May Australia be granted harmony, justice and peace and be wisdom be granted to our leaders and integrity to our citizens.

*Icon of Our Lady of the Southern Cross by Michael Galovic.*

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## AUSTRALIA DAY

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This Friday we celebrate Australia Day, which the Church honours as a day of prayer and observance. The prayers of the Holy Mass for this day beseech almighty God for His saving grace to transform our

our lives, and to be strengthened in the ways of justice so that we may know peace, that God may be our rock of strength, that He may keep us safe in every storm, and that our darkness may be turned to light.

## THE PARISH OFFICE

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### Address

200 The Trongate,  
South Granville, N.S.W. 2142

T 0497 190 444

E granville@parracatholic.org

Tuesday to Friday 9:00 a.m. to 4:00 p.m.

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### Parish Priest

Rev. Fr. Andrew Bass PP

### Business and Projects Manager

John Portelli

### Catechist Co-ordinator

Lana Leatherby

### Sacraments and Youth Co-ordinator

Rosette Chidiac

### Online and Social Media Co-ordinators

Rosette Chidiac and John Portelli

### Piety Shop

Claudette Takchi and Annette Wirz

### Holy Family Primary School

T (02) 8633-8200

### Holy Trinity Primary School

T (02) 8633-8500

### Delany College

T (02) 8633-8100

## DONATIONS

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**BSB:** 067-950

**Account:** 00007247

**Name:** Granville Catholic Parish

## HOLY FAMILY CHURCH

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### Holy Mass

Tuesday, 9:15 a.m.

Wednesday, 6:00 p.m.

Thursday, 9:15 a.m.

Friday, 9:15 a.m.

Saturday, 9:15 a.m. and 4:30 p.m.

Sunday, 8:30 a.m. and 5:00 p.m.

### Confessions

Wednesday, 6:30 p.m. to 7:00 p.m.

### Adoration of the Blessed Sacrament

Sunday, 5:45 p.m.

### Nigerian Community Mass

Second and fourth Sunday of the month,  
11:00 a.m.

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### Rosters

**Church Cleaning** Group 1: C. Takchi,  
M. Wehbe, N. Khoury

### Readers

**4:30 p.m.** Robyn Rich

**8:30 a.m.** Claudette Takchi


**5:00 p.m.** Rose Succar

## SOCIAL MEDIA

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 HolyCrossGranville

 Holy Cross Parish App

 @holycrossgranville

## HOLY TRINITY CHURCH

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### Holy Mass

Tuesday, 6:30 p.m.

Wednesday, 8:15 a.m.

Thursday, 8:15 a.m.

Friday, 8:15 a.m.

Saturday, 8:15 a.m. and 6:00 p.m.

Sunday, 10:00 a.m.

### Confessions

Saturday, 10:00 a.m. to 10:30 a.m.

### Holy Mass and Adoration of the Blessed Sacrament

First Friday of the month, 7:00 p.m.

### Holy Mass in Latin

First Thursday of the month, 6:00 p.m.

### Ghanaian Chaplaincy Mass

Second and last Sunday of the month,  
11:30 a.m.

### Vietnamese Chaplaincy Mass

Sunday, 5:00 p.m.

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### Rosters

**Church Cleaning** Group 4: A. Quinlan,  
G. Pinto, M. Asiedu, M. Moses,  
G. Dankwah, S. Martin, M. Magpayo,  
C. Elegado, J. Puni, J. Osei-Yamoah,  
A. Osei-Yamoah, L. Tordilla, J. Fili,  
J. John, A. Abosh, O. Ifeanyi, J. Raj,  
S. Joseph

### Readers

**Vigil** Racquel La Rosa, Rosette Chidiac,  
Rebecca Hanson

**10:00 a.m.** Jasmine Miranda,  
Reanne Chidiac, Armani Barakat

## PRAYERS FOR THE SICK

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Joseph Akkary, Janelle Allan, John Anjoul, Marlene Ashton,  
John Augustus, Frank Azzopardi, Antonio Bifulco, Ann  
Blesson, John Borg, Vincenzo Colosimo, Lucy Farrugia,  
Carmel Galea, Carmello Giovenco, Evangeline Grabato,  
Thomas Hayek, Elizabeth Hicks, Peter Higgins, Therese  
Khalil, Kay King, Ruth La Rosa, Jacob Lee, Josephine  
Magro, Ester Matos, Sid Morgan, Scott Moulton, Tony  
Moussa, Ben Nursoo, Sarah-Joy O'Connor, Flory Pinto,  
Don Provest, Therese Smeal, Ricardo Tognini, Lorraine  
Vella, Sam Wardan.



*Lord Jesus Christ, our Redeemer,  
by the grace of your Holy Spirit  
cure the weaknesses of your servants,  
and mercifully restore them to full health.*

## IN MEMORIAM

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Najibeh Malkoun Assaad, Attard family, Axiak family, Victor  
Azzopardi, Bonello family, Betty Borg, Kathleen Bradbery, Paul  
Bradbery, Eniketi Brown, Jim Brown, Lazarus Camilleri,  
Nazirah El-Hallal, Salim El-Hallal, Marcus El-Khoury, Alan  
Frost, Sita Futu'u, Carmen Galea, Maria Gambin, John  
Graham, Joe Grech, Mary Grech, Sam Grech, Chahid Habib,  
Fay Irons, Lex Irons, Salim Karaki, Paul Kassis, Nouhad Khoury,  
Rustica La Rosa, Jim Mackie, Frouzine Malkoun, Jacob  
Malkoun, Mouna Malkoun, Ofimia Malkoun, Paul Mathews,  
Jack McIntyre, Giovanna Mondello, Sam Munro, Joseph  
Nammour, Susan Nammour, Jack Newell, Jean Newell, Tony  
Newell, Haydee Nursoo, Mary Elizabeth Olsen, Herbert  
Pidgeon, Sultaneh Salhab, Saliba family, Emanuel Tabone,  
Joseph Vella, Phyllis Webb, Dib Zaiter.



*Eternal rest grant unto them, O Lord,  
and let perpetual light shine upon them.*



## **Holy Mass for Australia Day**

On Friday the nation celebrates and the Church commemorates Australia Day. To honour this day and to give thanks to almighty God for this country, there will be two Masses offered. The first will be at Holy Trinity Church at 8:15 a.m. and the second at Holy Family Church at 9:15 a.m. Join us as we pray in thanksgiving to Our Lord and as we seek the intercession of the Most Blessed Virgin Mary, Our Lady, Help of Christians, the Patroness of Australia.

## **Online Donations in Support of the Parish**

Online donations can be made through the Holy Cross Parish website ([holycrossgranville.org.au](http://holycrossgranville.org.au)) using our BPoint facility by visiting the website or scanning the QR code below. Thank you to all those who regularly support the parish by your contributions. Your regular support of the parish is greatly appreciated and is of tremendous assistance to the parish.



## **Poinsettias Available for Sale**

The poinsettias used to decorate the sanctuary for Christmas at Holy Trinity Church are available for sale should anyone wish to take these and to plant them in your own garden. If you are interested, please speak with Fr. Andrew after Mass this weekend.

## **The Sanctity and Reverence Due to the Blessed Sacrament when Receiving Holy Communion**

There has been a rise in the number of instances where people present themselves for Holy Communion but walk away without consuming the Sacred Host. To profane the Blessed Sacrament in this way is one of the most heinous crimes that can be committed. So much so that the Church declares that anyone who does so incurs an automatic excommunication (*latae sententiae*).

For those of us who are Catholic and desire to be faithful to Our Lord and to His Most Precious Body and Blood, Soul and Divinity, which we receive in Holy Communion, please ensure that, being in a state of grace, when you receive the Sacred Host that you consume the Host whilst facing the altar. It is the altar which is the place of the sacrifice of Our Lord and so it is to the altar that we should face, recognising that it is from there that we receive such abundant graces.

Never walk away carrying the Sacred Host. Should you see someone who does this, remember that it is all of our duty before almighty God to protect the Blessed Sacrament and so please stop this person immediately and let the Priest know straight away.

We all have a duty to almighty God to show reverence to Him above all others and all other things. In the Sacrament of the Eucharist, Our Lord has made Himself vulnerable by allowing Himself to be placed into human and sinful hands and so we, in turn, have a responsibility to care for and to protect Him and to defend Him from all blasphemy, sacrilege and profanity. To do so shows our love and our faith and our commitment to He is who is our only hope.

## **Important Holy Mass Intentions Reminder**

A reminder that if you would like a particular Mass offered for an intention, please speak with Fr. Andrew at least 4 weeks in advance. There are many intentions requested and it is not always possible to fulfill a request for a particular Mass unless there is sufficient time allowed.

Please do not write your request for a specific day and time on an envelope and leave it in a collections box, but speak directly with Fr. Andrew to make your request. Without doing this there is no guarantee that the Mass can be offered at that time but instead will be offered at the next available opportunity. Also note that it is not the custom of the Roman rite to announce the intention of the Mass. If you want the name said aloud, you will need to speak with Fr. Andrew in regard to this.

## **2024 Columban Art Calendars for Sale in our Piety Shops**

The 2024 Columban Art Calendar is on sale for \$10 from our piety shops and the sale of these supports the work of the Columban Missionaries and the parish.





# AUSTRALIA DAY

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FRIDAY, 26 JANUARY

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HOLY TRINITY CHURCH ★ 8:15 a.m.

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HOLY FAMILY CHURCH ★ 9:15 a.m.



*“I will praise you, Lord, among the peoples,  
among the nations sing psalms to you,  
for your mercy reaches to the heavens,  
and your truth to the skies.”*

Psalm 56:9-10



# PRAYER *for* AUSTRALIA DAY



GRANT, WE PRAY, O LORD OUR GOD,  
THAT AS THE CROSS SHINES IN OUR SOUTHERN SKIES,  
SO MAY CHRIST BRING LIGHT TO OUR NATION,  
TO ITS PEOPLES OLD AND NEW,  
AND BY SAVING GRACE, TRANSFORM OUR LIVES.  
THROUGH OUR LORD JESUS CHRIST, YOUR SON,  
WHO LIVES AND REIGNS WITH YOU IN THE UNITY OF THE HOLY SPIRIT,  
GOD, FOR EVER AND EVER.

AMEN.

*Icon of Our Lady of the Southern Cross by Michael Galovic*



# How to Receive the Eucharist Worthily

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*Catholics receive the Eucharist regularly, but we do not focus our attention on preparing to receive Christ worthily and fruitfully in the sacrament.*

*The danger is complacency and allowing obstacles to creep in that block the graces of the Eucharist from taking root in us.*

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In the early Church, Christians received the Eucharist frequently, as we can see even in Acts: “And day by day, attending the temple together and breaking bread in their homes, they partook of food with glad and generous hearts” (2:46). By the time of the Middle Ages, however, it became the norm to receive Communion once a year. Eamon Duffy notes in his monumental work, *The Stripping of the Altars*, that when the first Protestant Archbishop of Canterbury, Thomas Cranmer, enforced the practice that one person must receive Communion at each service with the priest, parishioners paid someone else to receive in their place so as not to contravene the traditional practice. To them, the Protestant push for frequent communion was a sacrilege by not taking seriously the Real Presence of Christ.

We know, rather, that frequent Communion is a good practice, but we can also ask if there was any benefit to receiving Communion less frequently. Just as those medieval Christians feared, we also can stop taking the Real Presence seriously, as we fall into routine and complacency. Even if once a year is not enough, which the Council of Trent stated to be the case, medieval Christians are still a witness for realising the gravity of communion. One aspect of their preparation was to go to Confession immediately before receiving the Eucharist.

Pope Pius X, in particular, was the champion of frequent communion, issuing *Sacra Tridentina* to encourage it in 1905. He makes an overwhelming case for the importance of frequent Communion, with which I wholeheartedly agree, but there’s

another part to his teaching that needs emphasis—having the proper intention. “A right intention consists in this: that he who approaches the Holy Table should do so, not out of routine, or vain glory, or human respect, but that he wish to please God, to be more closely united with Him by charity, and to have recourse to this divine remedy for his weakness and defects.” I would also recommend taking a look at chapters 20-21 of the second part of St. Francis de Sale’s “Introduction to the Devout Life”, which speak of frequent communion and how to prepare for it, especially by breaking any attachment to sin.

Instead of fostering a right intention and removing obstacles, I think we have fallen into a routine reception of Communion. I have never heard a priest caution anyone from receiving the Eucharist, even though St. Paul warns us in First Corinthians 11:27-30:

*“Whoever, therefore, eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty of profaning the body and blood of the Lord. Let a man examine himself, and so eat of the bread and drink of the cup. For any one who eats and drinks without discerning the body eats and drinks judgment upon himself.”*

Pius X gives some practical advice on this topic of preparation: “Since, however, the Sacraments of the New Law, though they produce their effect *ex opere operato*, nevertheless, produce a great effect in proportion as the dispositions of the recipient are better, therefore, one should take care that Holy Communion be preceded by careful preparation, and followed by an appropriate thanksgiving.” I’ll unpack this a little more with the following suggestions:

## **You must have faith**

First, to approach Christ in the Eucharist we must have faith in His true presence. To receive without belief is the ultimate sacrilege and prevents us from recognising and receiving the grace Christ wants to give us.

## **You need to confess before receiving**

The Church requires us to go to Confession at least once a year, but we are prohibited from receiving Communion in a state of mortal sin. If we do so, we commit another grave sin. Beyond that, we need to confess more regularly to break sinful habits and our attachment even to venial sin (as St. Francis de Sales recommends).

## **Be intentional**

We should make a deliberate choice to receive Jesus in the Eucharist, breaking out of any routine complacency. Although it is good to receive Communion frequently, it can be helpful to remember that we are only required to receive once a year. If we are not properly prepared or need to go to Confession, it may be better to wait to receive.

## **Prepare**

If we do make the choice to receive the Eucharist, we should prepare through prayer and removing ourselves from distractions. We should pray for the grace to make a good Communion when we wake up the day we are going to Mass and should say a prayer before Mass. There are beautiful prayers written to help us prepare to receive, such as the prayers of St. Ambrose and St. Thomas Aquinas.

Source: “How to receive the Eucharist worthily,” by Dr. Jared Staudt, [www.thosecatholicmen.com](http://www.thosecatholicmen.com), September 27, 2017.

# Saints & STUFF

OUR LADY,  
HELP OF CHRISTIANS



St. John Chrysostom was the first to use the title Our Lady, Help of Christians in the year 345 as a devotion to the Blessed Virgin Mary. Later, in the 19th century, St John Bosco also propagated Marian devotion under this title.

It is under this title that, since A.D. 1844, the Blessed Virgin Mary has been the Patroness of Australia. Today, with the global pandemic, the Bishops again entrusted Australia to the Immaculate Heart of Mary under the title Our Lady, Help of Christians, seeking her intercession for the safety of all our people.

## CATECHISM of the CATHOLIC CHURCH

*Blessed Virgin Mary,  
Mother in the Order of Grace*

**967** By her complete adherence to the Father's will, to his Son's redemptive work, and to every prompting of the Holy Spirit, the Virgin Mary is the Church's model of faith and charity.

**968** Her role in relation to the Church and to all humanity goes still further. "In a wholly singular way she cooperated by her obedience, faith, hope, and burning charity in the Saviour's work of restoring supernatural life to souls. For this reason she is a mother to us in the order of grace."

**969** "This motherhood of Mary in the order of grace continues uninterrupted from the consent which she loyally gave at the Annunciation and which she sustained without wavering beneath the cross, until the eternal fulfillment of all the elect. Taken up to heaven she did not lay aside this saving office but by her manifold intercession continues to bring us the gifts of eternal salvation... Therefore the Blessed Virgin is invoked in the Church under the titles of Advocate, Helper, Benefactress, and Mediatrix."

# CATHOLIC Trivia

## The Catholic Church in Australia

19.9% of the population  
is Catholic



Catholicism is the largest  
Christian denomination



35 dioceses



1,392 parishes



2,900 Priests



236 seminarians



1,759 Catholics per Priest



608 religious Brothers



3,501 religious Sisters

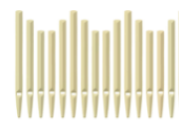


1 in 5 students attend  
a Catholic school

source: Australian Catholic  
Bishops Conference  
([www.catholicaustralia.com.au](http://www.catholicaustralia.com.au))

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V C A L S

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The Readings

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**Introit** (Cf. Ps. 95:1, 6)

O sing a new song to the Lord;  
sing to the Lord, all the earth.  
In his presence are majesty and splendour,  
strength and honour in his holy place.

---

**First Reading**

**The Prophet Jonah** (3:1-5, 10)

The word of the Lord was addressed to Jonah: 'Up!' he said 'Go to Nineveh, the great city, and preach to them as I told you to.' Jonah set out and went to Nineveh in obedience to the word of the Lord. Now Nineveh was a city great beyond compare: it took three days to cross it. Jonah went on into the city, making a day's journey. He preached in these words, 'Only forty days more and Nineveh is going to be destroyed.' And the people of Nineveh believed in God; they proclaimed a fast and put on sackcloth, from the greatest to the least.

God saw their efforts to renounce their evil behaviour. And God relented: he did not inflict on them the disaster which he had threatened.

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**Responsorial Psalm** (Ps. 24:4-9. R. v. 4)

R. Teach me your ways, O Lord.

Lord, make me know your ways.  
Lord, teach me your paths.  
Make me walk in your truth, and teach me:  
for you are God my saviour. R.

Remember your mercy, Lord,  
and the love you have shown from of old.  
In your love remember me,  
because of your goodness, O Lord. R.

The Lord is good and upright.  
He shows the path to those who stray,  
he guides the humble in the right path;  
he teaches his way to the poor. R.

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**Second Reading**

**The First Letter of St. Paul to the Corinthians** (7:29-31)

Brothers, our time is growing short. Those who have wives should live as though they had none, and those who mourn should live as though they had nothing to mourn for; those who are enjoying life should live as though there were nothing to laugh about; those whose life is buying things should live as though they had nothing of their own; and those who have to deal with the world should not become engrossed in it. I say this because the world as we know it is passing away.

**Gospel Acclamation** (Mk. 1:15)

Alleluia, alleluia!  
The kingdom of God is near:  
believe the Good News!  
Alleluia!

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**Gospel**

**The Gospel of Mark** (1:14-20)

After John had been arrested, Jesus went into Galilee. There he proclaimed the Good News from God. 'The time has come' he said 'and the kingdom of God is close at hand. Repent, and believe the Good News.'

As he was walking along by the Sea of Galilee he saw Simon and his brother Andrew casting a net in the lake – for they were fishermen. And Jesus said to them, 'Follow me and I will make you into fishers of men.' And at once they left their nets and followed him.

Going on a little further, he saw James son of Zebedee and his brother John; they too were in their boat, mending their nets. He called them at once and, leaving their father Zebedee in the boat with the men he employed, they went after him.

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**Communion** (Cf. Ps. 33:6)

Look toward the Lord  
and be radiant;  
let your faces not be abashed.

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“ For from ancient times  
you made this land  
a home for many peoples,  
and became their rock of strength;  
when they were hungry,  
you gave them food,  
and when thirsty,  
water even in the desert.  
To all, your providence  
has proclaimed the Good News  
of Jesus Christ, your Son,  
sent by you to be  
the Saviour of all the world,  
who has brought peace  
by his sacrifice on the Cross.”

— From the Preface for the Mass for Australia Day