

Granville Catholic Church Record

Vol. 8. No. 4

January 22, 2023

3rd Sunday in Ordinary Time, Year A

The Official Bulletin of Holy Cross Parish



Since 1844 Australia has been placed under the protection of the Blessed Virgin Mary, Our Lady, Help of Christians. The early Church in Australia had a special reason for turning to Our Lady. No priests were sent to the colony in its early years and Holy Mass was not allowed, except for one brief year, until 1820. So it was the holy Rosary that the faithful turned to nurture their souls and to keep the faith alive.

Australia was the first nation to declare the Blessed Virgin Mary under the title of Our Lady, Help of Christians as patroness.

When Fr. John Therry arrived in Sydney in 1820 he assumed responsibility for the planning and construction of Australia's first cathedral, who dedicated the mother church of the nation to Our Lady, Help of Christians.

So on this Australia Day weekend let us implore the intercession of our national patroness that under the protection of her mantle Australia may know peace and prosperity and that it may be a beacon of justice and mercy to the world. And let us pray that the Church in Australia may be safeguarded against all attacks that seek to undermine and to destroy the integrity of our holy faith so that the faithful may know freedom of religion and the protection of our tradition.

May almighty God, deepen in our hearts our love of Mary, Help of Christians. Through her prayers and under her protection, may the light of Christ shine over our land. May Australia be granted harmony, justice and peace and be wisdom be granted to our leaders and integrity to our citizens.

AUSTRALIA DAY

This Thursday we celebrate Australia Day, which the Church honours as a day of prayer and observance. The prayers of the Holy Mass for this day beseech almighty God for His saving grace to transform

our lives, and to be strengthened in the ways of justice so that we may know peace, that God may be our rock of strength, that He may keep us safe in every storm, and that our darkness may be turned to light.

THE PARISH OFFICE

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Lana Leatherby

Sacraments and Youth Co-ordinator

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Holy Trinity Primary School

T (02) 8633-8500

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T (02) 8633-8100

HOLY FAMILY CHURCH

Holy Mass

Tuesday, 9:15 a.m.

Wednesday, 6:00 p.m.

Thursday, 9:15 a.m.

Friday, 9:15 a.m.

Saturday, 9:15 a.m. and 4:30 p.m.

Sunday, 7:30 a.m., 8:30 a.m., 5:00 p.m.

Confessions

Wednesday, 6:30 p.m. to 7:00 p.m.

Adoration of the Blessed Sacrament

Sunday, 5:30 p.m.

Nigerian Community Mass

Second and fourth Sunday of the month,
11:00 a.m.

Rosters

Readers

8:30 a.m.

5:00 p.m.

DONATIONS

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Account: 00007247

Name: Granville Catholic Parish

SOCIAL MEDIA



holycrossgranville.org.au



HolyCrossGranville



Holy Cross Parish App



@holycrossgranville

HOLY TRINITY CHURCH

Holy Mass

Tuesday, 6:30 p.m.

Wednesday, 8:15 a.m.

Thursday, 8:15 a.m.

Friday, 8:15 a.m.

Saturday, 8:15 a.m. and 6:00 p.m.

Sunday, 10:00 a.m. and 3:00 p.m.

Confessions

Saturday, 10:00 a.m. to 10:30 a.m.

Holy Mass and Adoration of the Blessed Sacrament

First Friday of the month, 7:00 p.m.

Holy Mass in Latin

First Thursday of the month, 6:00 p.m.

Ghanaian Chaplaincy Mass

Second and last Sunday of the month,
11:30 a.m.

Vietnamese Chaplaincy Mass

Sunday, 5:00 p.m.

Rosters

Church Cleaning

Readers

Vigil Gerry Pinto, Sisters,
Rosette Chidiac, Rebecca Hanson

10:00 a.m. Wadzi Mushininga, Sisters,
Ingrid Bifulco

PRAYERS FOR THE SICK

Janelle Allan, John Anjoul, Marlene Ashton, John Augustus, Frank Azzopardi, Antonio Bifulco, Ann Blesson, Vincenzo Colosimo, Marcus El-Khoury, Lucy Farrugia, Carmel Galea, Evangeline Grabato, Thomas Hayek, Elizabeth Hicks, Peter Higgins, Therese Khalil, Kay King, Ruth La Rosa, Jacob Lee, Josephine Magro, Ester Matos, Sid Morgan, Scott Moulton, Tony Moussa, Ben Nursoo, Sarah-Joy O'Connor, Flory Pinto, Don Provest, Therese Smeal, Ricardo Tognini, Lorraine Vella, Sam Wardan.



*Lord Jesus Christ, our Redeemer,
by the grace of your Holy Spirit
cure the weaknesses of your servants,
and mercifully restore them to full health.
St. Raphael the Archangel, pray for us.*

IN MEMORIAM

Sr. Mary Stella Tran, Ercilia Apap, Vincent Apap, Lorenza Attwill, Axiak family, Victor Azzopardi, Claudio Basamez, Basil Benjamin, Bonello family, Betty Borg, Kathleen Bradbery, Paul Bradbery, Charles Bugeja, Dick Cahill, Gwen Cahill, Vince Cahill, Christine Derwin, Carmen Galea, Maria Gambin, John Graham, Joe Grech, Mary Grech, Sam Grech, Clair Karaki, Daoud Karaki, Nouhad Khoury, Jacob Malkoun, Ofimia Malkoun, Jack McIntyre, Crising Mendoza, Magdalena Mendoza, Susan Nammour, Haydee Nursoo, Edward Pidgeon, Boutros Rahme, Mitzi Rowe, Saliba family, Anna Saunig, Garry Smith, Andrea So, Sergio Sudiro, Emmanuel Tabone, Darren Thornton, Peter Tuu Van Tran, Joseph Vella, Vicente, Dib Zaiter.



*Eternal rest grant unto them, O Lord,
and let perpetual light shine upon them.*

Thank You to Joe Chidiac

We owe our thanks to Joe Chidiac for his work in repairing the sanctuary lamp at Holy Trinity Church. The lamp itself is almost sixty years old and was in need of repair. Thank you very much to Joe for his work and skill in repairing and replacing the necessary parts to the lamp.

The sanctuary lamp is an important part of the sanctuary as its red light is a reminder to us of the real presence of Our Lord—Body and Blood, Soul and Divinity—in the tabernacle.

Important Notice Regarding Holy Mass and Confessions on Wednesday, 8 February

Holy Mass will not be said on Wednesday, 8 February at either Holy Trinity Church or Holy Family Church. This also means that the Sacrament of Penance (Confessions) will not be available that evening at Holy Family Church.

The usual schedule of Mass and confessions for Wednesdays will resume the following week.

Holy Family Church Air Conditioning

When the air conditioning is in use at Holy Family Church, it is important that the doors and the windows to the church remain closed. If the doors and windows remain open, the air conditioning becomes ineffective. Moreover, the motors have to work harder in order to maintain the set temperature, which in turn increases the running costs.

It is expensive to run and to maintain the air conditioning units at Holy Family Church, so please ensure that when it is in use that the doors and windows remain closed in order to ensure that the system is able to operate as efficiently as possible.

Receiving Holy Communion

It is important to remember that when we receive Holy Communion we are receiving the Body and Blood, Soul and Divinity of Jesus Christ Himself. It is not a symbol of Him but really and truly His presence.

As such, we should ensure that Holy Communion is received in accordance with the mind of the Church and in line with the practice of the Roman Rite. Holy Communion can be received either on the tongue or on the hand, with the hands held appropriately.

In the ordinary form of the Roman Rite, when receiving Holy Communion, the minister says “The Body of Christ” to which the communicant replies with a single “Amen”. In saying “Amen” it is an acceptance in faith by the person that they are truly receiving the Body of Christ. It is not appropriate to reply with anything else than a single “Amen”. As such, it is not appropriate to say “thank you” or any other words.

As we are receiving the Body and Blood, Soul and Divinity of Our Lord Jesus Christ, we are receiving the most precious gift we can in this world. We—all of us—have a responsibility to ensure that Holy Communion is received reverently. This means that the sacred host is consumed whilst standing before the minister because, in this way, we are facing the altar upon which the sacrifice was made and from which we receive the Eucharist. It is never right to walk away carrying the sacred host in our hands and to consume in the pew or at some other time.

It is important to remember that the Church teaches that the faithful have a moral obligation to attend Mass each Sunday (or Saturday vigil) unless excused for a serious reason or legitimately dispensed, and deliberately failing in this obligation is a serious sin (*Catechism of the Catholic Church*, n. 2180-2181).

First Collection and Second Collection Contributions

Your support of these collections is greatly appreciated. The money raised in the first collection supports some of the works of the diocese. The money raised in the second collection directly supports the works of the parish and helps us to meet our expenses and to continue to meet the costs and expenses of operating the parish.

At Holy Trinity Church we are fortunate to have volunteers to take up these collections. At Holy Family Church boxes have been placed at the doors of the church for the first and second collections.

Thank you, especially, to those who are a part of the planned giving programme and use their envelopes to contribute each week to the parish. Your regular contributions are a great support.

Online Donations in Support of the Parish

Online donations can be made through the Holy Cross Parish website (holycrossgranville.org.au) using our BPoint facility by visiting the website or scanning the QR code below.

Thank you to all those who regularly support the parish by your contributions. Your regular support of the parish is greatly appreciated and is of tremendous assistance.





AUSTRALIA DAY

THURSDAY, 26 JANUARY

HOLY TRINITY CHURCH ★ 8:15 a.m.

HOLY FAMILY CHURCH ★ 9:15 a.m.



*"I will praise you, Lord, among the peoples,
among the nations sing psalms to you,
for your mercy reaches to the heavens,
and your truth to the skies."*

Psalm 56:9-10

PRAYER *for* AUSTRALIA DAY



*Grant, we pray, O lord our God,
that as the Cross shines in our southern skies,
so may Christ bring light to our nation,
to its peoples old and new,
and by saving grace, transform our lives.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
God, for ever and ever.
Amen.*

How to Receive the Eucharist Worthily

Catholics receive the Eucharist regularly, but we do not focus our attention on preparing to receive Christ worthily and fruitfully in the sacrament.

The danger is complacency and allowing obstacles to creep in that block the graces of the Eucharist from taking root in us.

In the early Church, Christians received the Eucharist frequently, as we can see even in Acts: “And day by day, attending the temple together and breaking bread in their homes, they partook of food with glad and generous hearts” (2:46). By the time of the Middle Ages, however, it became the norm to receive Communion once a year. Eamon Duffy notes in his monumental work, *The Stripping of the Altars*, that when the first Protestant Archbishop of Canterbury, Thomas Cranmer, enforced the practice that one person must receive Communion at each service with the priest, parishioners paid someone else to receive in their place so as not to contravene the traditional practice. To them, the Protestant push for frequent communion was a sacrilege by not taking seriously the Real Presence of Christ.

We know, rather, that frequent Communion is a good practice, but we can also ask if there was any benefit to receiving Communion less frequently. Just as those medieval Christians feared, we also can stop taking the Real Presence seriously, as we fall into routine and complacency. Even if once a year is not enough, which the Council of Trent stated to be the case, medieval Christians are still a witness for realising the gravity of communion. One aspect of their preparation was to go to Confession immediately before receiving the Eucharist.

Pope Pius X, in particular, was the champion of frequent communion, issuing *Sacra Tridentina* to encourage it in 1905. He makes an overwhelming case for the importance of frequent Communion, with which I wholeheartedly agree, but there’s

another part to his teaching that needs emphasis—having the proper intention. “A right intention consists in this: that he who approaches the Holy Table should do so, not out of routine, or vain glory, or human respect, but that he wish to please God, to be more closely united with Him by charity, and to have recourse to this divine remedy for his weakness and defects.” I would also recommend taking a look at chapters 20-21 of the second part of St. Francis de Sale’s “Introduction to the Devout Life”, which speak of frequent communion and how to prepare for it, especially by breaking any attachment to sin.

Instead of fostering a right intention and removing obstacles, I think we have fallen into a routine reception of Communion. I have never heard a priest caution anyone from receiving the Eucharist, even though St. Paul warns us in First Corinthians 11:27-30:

“Whoever, therefore, eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty of profaning the body and blood of the Lord. Let a man examine himself, and so eat of the bread and drink of the cup. For any one who eats and drinks without discerning the body eats and drinks judgment upon himself.”

Pius X gives some practical advice on this topic of preparation: “Since, however, the Sacraments of the New Law, though they produce their effect *ex opere operato*, nevertheless, produce a great effect in proportion as the dispositions of the recipient are better, therefore, one should take care that Holy Communion be preceded by careful preparation, and followed by an appropriate thanksgiving.” I’ll unpack this a little more with the following suggestions:

You must have faith

First, to approach Christ in the Eucharist we must have faith in His true presence. To receive without belief is the ultimate sacrilege and prevents us from recognising and receiving the grace Christ wants to give us.

You need to confess before receiving

The Church requires us to go to Confession at least once a year, but we are prohibited from receiving Communion in a state of mortal sin. If we do so, we commit another grave sin. Beyond that, we need to confess more regularly to break sinful habits and our attachment even to venial sin (as St. Francis de Sales recommends).

Be intentional

We should make a deliberate choice to receive Jesus in the Eucharist, breaking out of any routine complacency. Although it is good to receive Communion frequently, it can be helpful to remember that we are only required to receive once a year. If we are not properly prepared or need to go to Confession, it may be better to wait to receive.

Prepare

If we do make the choice to receive the Eucharist, we should prepare through prayer and removing ourselves from distractions. We should pray for the grace to make a good Communion when we wake up the day we are going to Mass and should say a prayer before Mass. There are beautiful prayers written to help us prepare to receive, such as the prayers of St. Ambrose and St. Thomas Aquinas.

Source: “How to receive the Eucharist worthily,” by Dr. Jared Staudt, www.thosecatholicmen.com, September 27, 2017.

Saints & STUFF

OUR LADY,
HELP OF CHRISTIANS



St. John Chrysostom was the first to use the title Our Lady, Help of Christians in the year 345 as a devotion to the Blessed Virgin Mary. Later, in the 19th century, St John Bosco also propagated Marian devotion under this title.

It is under this title that, since 1844, the Blessed Virgin Mary has been the Patroness of Australia. Today, with the global pandemic, the Bishops again entrusted Australia to the Immaculate Heart of Mary under the title Our Lady, Help of Christians, seeking her intercession for the safety of all our people.

CATECHISM of the CATHOLIC CHURCH

*Blessed Virgin Mary,
Mother in the Order of Grace*

967 By her complete adherence to the Father's will, to his Son's redemptive work, and to every prompting of the Holy Spirit, the Virgin Mary is the Church's model of faith and charity.

968 Her role in relation to the Church and to all humanity goes still further. "In a wholly singular way she cooperated by her obedience, faith, hope, and burning charity in the Saviour's work of restoring supernatural life to souls. For this reason she is a mother to us in the order of grace."

969 "This motherhood of Mary in the order of grace continues uninterrupted from the consent which she loyally gave at the Annunciation and which she sustained without wavering beneath the cross, until the eternal fulfillment of all the elect. Taken up to heaven she did not lay aside this saving office but by her manifold intercession continues to bring us the gifts of eternal salvation... Therefore the Blessed Virgin is invoked in the Church under the titles of Advocate, Helper, Benefactress, and Mediatrix."

CATHOLIC Trivia

The Catholic Church in Australia

22.6% of the population
is Catholic



Catholicism is the largest
Christian denomination



34 dioceses



1,394 parishes



2,900 Priests



253 seminarians



1,825 Catholics per Priest



4,161 religious Sisters



679 religious Brothers



1 in 5 students attend
a Catholic school

source: Australian Catholic
Bishops Conference
(www.catholicaustralia.com.au)

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The Readings

Introit

(Cf. Ps. 95:1, 6)

O sing a new song to the Lord;
sing to the Lord, all the earth.
In his presence are majesty and splendour,
strength and honour in his holy place.

First Reading

The Prophet Isaiah

(8:23-9:3)

In days past the Lord humbled the land of Zebulun and
the land of Naphtali, but in days to come he will confer
glory on the Way of the Sea on the far side of Jordan,
province of the nations.

The people that walked in darkness
has seen a great light;
on those who live in a land of deep shadow
a light has shone.
You have made their gladness greater,
you have made their joy increase,
they rejoice in your presence
as men rejoice at harvest time,
as men are happy when they are dividing the spoils.

For the yoke that was weighing on him,
the bar across his shoulders,
the rod of his oppressor,
these you break as on the day of Midian.

Responsorial Psalm

(Ps. 26:1, 4, 13-14. R. v. 1)

R. The Lord is my light and my salvation.

The Lord is my light and my help;
whom shall I fear?
The Lord is the stronghold of my life;
Before whom shall I shrink? R.

There is one thing I ask of the Lord,
for this I long,
to live in the house of the Lord,
all the days of my life,
to savour the sweetness of the Lord,
to behold his temple. R.

I am sure I shall see the Lord's goodness
in the land of the living.
Hope in him, hold firm and take heart.
Hope in the Lord! R.

Second Reading

The First Letter of St. Paul to the Corinthians

(1:10-13, 17)

I appeal to you, brothers, for the sake of our Lord Jesus Christ, to make up the differences between you, and instead of disagreeing among yourselves, to be united again in your belief and practice. From what Chloe's people have been telling me, my dear brothers, it is clear that there are serious differences among you. What I mean are all these slogans that you have, like: 'I am for Paul', 'I am for Apollos', 'I am for Cephas', 'I am for Christ'. Has Christ been parcelled out? Was it Paul that was crucified for you? Were you baptised in the name of Paul?

For Christ did not send me to baptise, but to preach the Good News, and not to preach that in the terms of philosophy in which the crucifixion of Christ cannot be expressed.

Gospel Acclamation (Mt. 4:23)

Alleluia, alleluia!
Jesus preached the Good News of the kingdom
and healed all who were sick.
Alleluia!

Gospel

The Gospel of John (1:29-34)

Hearing that John had been arrested Jesus went back to Galilee, and leaving Nazareth he went and settled in Capernaum, a lakeside town on the borders of Zebulun and Naphtali. In this way the prophecy of Isaiah was to be fulfilled:

Land of Zebulun! Land of Naphtali!
Way of the sea on the far side of Jordan,
Galilee of the nations!
The people that lived in darkness
has seen a great light;
on those who dwell in the land and shadow of death
a light has dawned.

From that moment Jesus began his preaching with the message, 'Repent, for the kingdom of heaven is close at hand.'

Communio (Cf. Ps. 33:6)

Look toward the Lord and be radiant;
let your faces not be abashed.

"Evil draws its strength from indecision and concern for what other people think."

— Pope Benedict XVI